

That's right, engineer

Like an AV actress

Recently I heard the word "datchuno" but I didn't know what it meant, so I searched online and found out it was a celebrity duo called "Pirates" who had big breasts and were popular during the Heisei era. I had never seen their faces before. They used their large breasts as a selling point and apparently said "datchuno" while leaning forward. These women are now over 45 years old, so perhaps they can't say "datchuno" now...

In my "Ballet & Flexibility Exercises" there is an exercise that aims to increase bust size.

By the way, another story

How to throw a punch in boxing

When you throw

\*For a left straight, put your shoulder in and twist it to the right, and at the moment of impact, fix your wrist and clench your fist.

\*For a right straight, put your shoulder in and twist it to the left, the rest is the same.

\*For hooks and body blows, use the same technique. .

\*Put your hips in

\*For hooks and body blows, lean forward diagonally to the right or left and punch as above.

\* Anyone who has experience hitting pads or punching a punching bag will understand.

By the way, this is how I understand the twist:

The image of the Self-Defense Forces' rifles and howitzers is that the bullets hit in a spiral, and this is the mechanism that gives them even more lethality...

It's a scary story, but when a rifle hits its target at a certain distance,

the entrance where the bullet hits is a small hole,

but because it traces a spiral,

the exit is a large hole.

It's a scary story, but when a rifle bullet hits its target at a certain distance, there is a small hole where the bullet hits, but because it spirals, there is a large hole at the exit.

Also, there are currently many different types of bombs that fall from the air, but when a bomb explodes in the air before hitting the ground, the shrapnel pierces people, causing more damage.

Many people may have the image that it was an explosion, but that is not the case.

That' all.