There is a gap

I train every other day,

but there are some movements other than ballet that I focus on.

The movement of going from in front of the opponent to behind them in an instant (circling movement)...

I can currently do about 120 degrees (about 0.2-0.3 seconds), but being behind someone is a 180-degree angle, and I'm practicing every day to achieve that.

However, to create the illusion that the person in front of you has disappeared in an instant and is now behind you, you need to hone your "precision and speed."

It's possible that it might feel like they've disappeared, but if that's the case, then they're not really human, but more like aliens from sci-fi movies or TV dramas, or even real-life ninjas. But it feels like we're about to make a complete 180...

(Note) Since Earth is just one planet in the universe,

Earthlings are essentially aliens, and if life forms from other planets exist, they are also aliens,

and to be precise, we should refer to them more formally as "aliens from the Earthling's perspective."

Ninjas, in the case of Earthlings, are human because they actually existed during the

There was a similar piece...

I'm here, what's wrong?